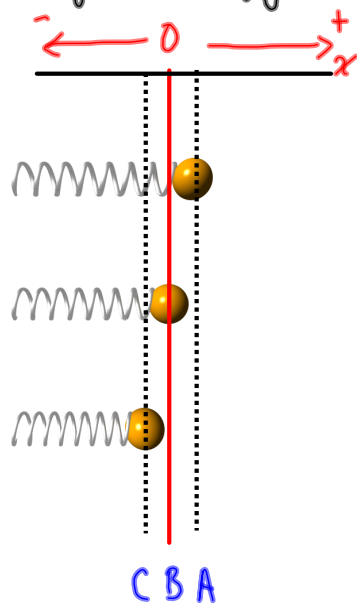


## 4.2 Energy Changes during SHM

Interchange of energy



at A → max displacement from equilibrium  
 → max elastic potential energy  
 → velocity is zero  
 → kinetic energy is zero

at B → at the equilibrium position  
 → elastic potential energy is zero  
 → velocity is a maximum  
 → kinetic energy is a maximum

at C → same as A, but the displacement is negative.

There is a continuous exchange between elastic potential energy and kinetic energy.

Law of Conservation of Energy applies SHM (neglecting any damping forces).

$$E_{\text{total at A}} = E_{\text{total at B}} = E_{\text{total at C}}$$

or anywhere in between.

The total mechanical energy is constant

$$E_T = E_K + E_P$$

Energy Analysis: Potential Energy

$$E_p = \frac{1}{2} kx^2$$

Where  $k$  is the force constant

$$F_{net} = -kx$$

$$ma = -kx$$

$$a = \frac{-k}{m} x = -\omega^2 x$$

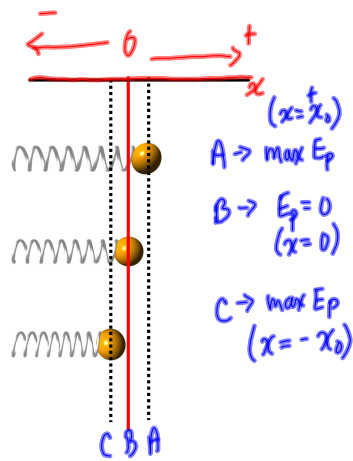
↑  
defining equation

$$\therefore \frac{k}{m} = \omega^2$$

$$k = m\omega^2$$

$$\therefore E_p = \frac{1}{2} m\omega^2 x^2$$

$$\omega = \frac{2\pi}{T} = 2\pi f$$

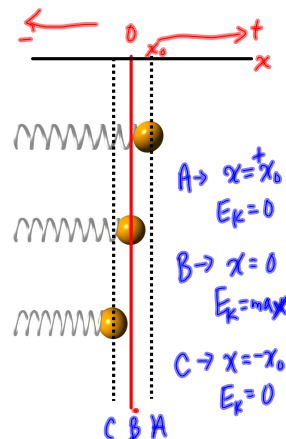


Energy Analysis: Kinetic Energy

$$E_k = \frac{1}{2} mv^2$$

$$v^2 = \omega^2 (x_0^2 - x^2)$$

$$\therefore E_k = \frac{1}{2} m\omega^2 (x_0^2 - x^2)$$



Energy Analysis: Total Energy

$$E_p = \frac{1}{2} m\omega^2 x^2$$

$$E_k = \frac{1}{2} m\omega^2 (x_0^2 - x^2) \quad \frac{1}{2} m\omega^2 x_0^2 - \frac{1}{2} m\omega^2 x^2$$

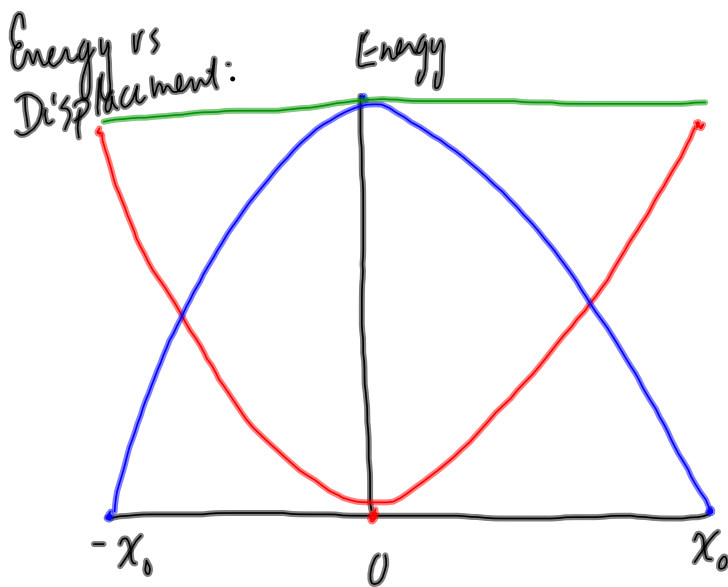
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$$E_T = \frac{1}{2} m\omega^2 x_0^2$$

↑  
Total mechanical energy  
remains constant  
in the absence of  
damping forces

↑ This total energy is essentially  
the elastic potential energy given  
to the mass-spring system by  
doing work.

Graphical Representation of Energy in SHM:



$$E_p = \frac{1}{2} m \omega^2 x^2$$

$$E_k = \frac{1}{2} m \omega^2 (x_0^2 - x^2)$$

$$E_T = \frac{1}{2} m \omega^2 x_0^2$$

|||||



|||||



|||||



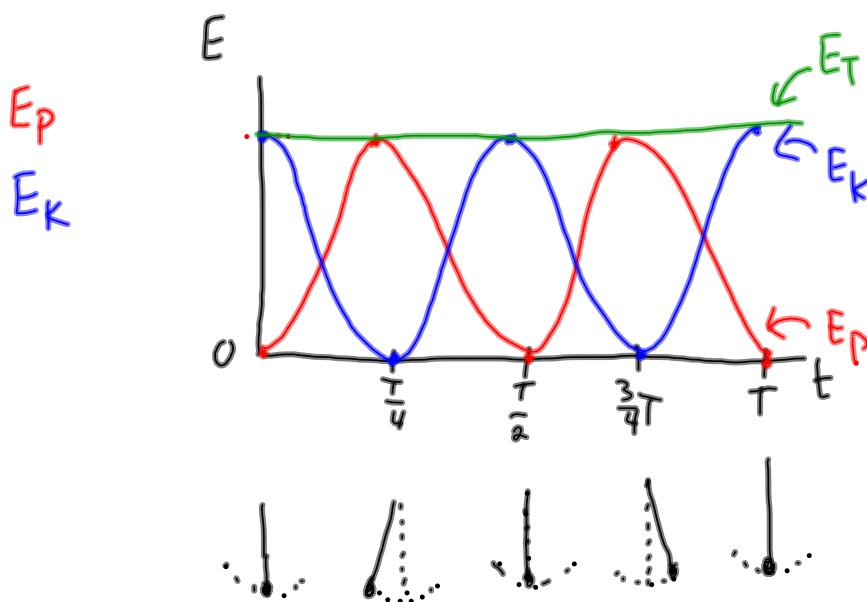
## Graphical Representation of energy in SHM:

Energy versus time

Potential Energy:  $E_p = \frac{1}{2} m \omega^2 x^2 = \frac{1}{2} m \omega^2 x_0^2 \sin^2 \omega t$

Kinetic Energy:  $E_k = \frac{1}{2} m v^2 = \frac{1}{2} m \omega^2 x_0^2 \cos^2 \omega t$

Total Energy:  $E_T = \frac{1}{2} m \omega^2 x_0^2$  (constant!)



### Data Booklet

$$E_k = \frac{1}{2} m \omega^2 (x_0^2 - x^2)$$

$$E_{k(\max)} = \frac{1}{2} m \omega^2 x_0^2 \quad (E_p = 0)$$

$$E_T = \frac{1}{2} m \omega^2 x_0^2$$

## Attachments

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MassSpring[1].galleryitem

D01501[1].galleryitem