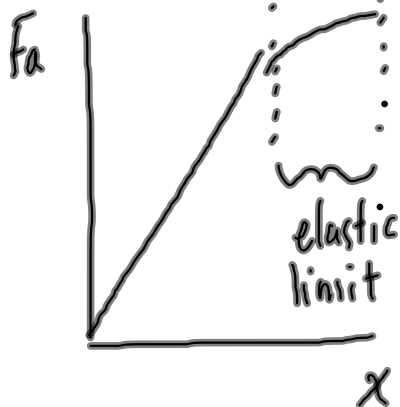


Hook's Law

Hook's Law states that the restoring force in a spring or an elastic is proportional to the amount of stretch.

$$F = -kx$$

where F is the restoring force (N)

k is the spring constant ($\frac{N}{m}$)

x is the amount of stretch (m)

+ stretch

- compression

We usually use

$$F_a = kx$$

Since we usually deal with the applied force.

mp/257

$$F_a = 133 \text{ N}$$

$$x = 71 \text{ cm}$$

$$k = ??$$

$$F_a = kx$$

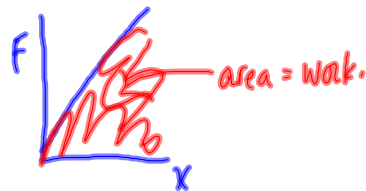
$$k = \frac{F_a}{x}$$

$$k = \frac{133 \text{ N}}{0.71 \text{ m}}$$

Spring

constant

$$k = 1.9 \times 10^2 \text{ N/m}$$



Elastic Potential Energy

$$E_e = \frac{1}{2} kx^2$$

where E_e is elastic potential (J) energy

k is the spring constant (N/m)

x is the amount of stretch/compression (m)
 + -

Work-Energy Theorem applies to E_e :

$$W = \Delta E_e$$

* Work is equal to the change in elastic potential energy

MP/260

$$k = 75 \text{ N/m}$$

$$x = -0.28 \text{ m}$$

↑ compressed

a) $\Delta E_e = E_{e2} - E_{e1}^0$

$$\Delta E_e = \frac{1}{2} kx^2$$

$$\Delta E_e = \frac{1}{2} (75 \frac{\text{N}}{\text{m}}) (-0.28 \text{ m})^2$$

$$\Delta E_e = 2.9 \text{ J}$$

The potential energy increased by 2.9 J (i.e. 2.9 J of work was done!)

a) $\Delta E_e = ?$

b) $F_a = ?$

b) $\bar{F}_a = kx$

$$\bar{F}_a = (75 \frac{\text{N}}{\text{m}}) (-0.28 \text{ m})$$

$$F_a = -21 \text{ N}$$

↑ pushing on the spring

* You MUST use $W = \Delta E_e$ to find work.

Do NOT use ~~$W = F_{||} \Delta d$~~ !! (F is not constant here)

TO DO

① PP/250

② PP/254

③ PP/258

④ PP/261